



**Outstanding  
Achievement and  
Knowledge for Life**

## OAK LODGE SCHOOL

### Specialist Arts College

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Ref: JW/cjh

5<sup>th</sup> January 2018

Dear Parents/Carers

### Sex and Relationship Education

The Oak Lodge Sex and Relationship Program (SRE) covers a wide range of topics including puberty, keeping safe; family relationships; friendship and contraception. The program has been developed with advice from many agencies. I enclose a timetable showing areas covered by each year group although this will vary dependent on an individual's or class' ability, awareness and need.

The following is taken from the School's SRE Policy:

'The term *Sex and Relationship Education* – *SRE* – is used rather than *sex education*. This is to stress that our approach goes beyond the provision of biological information to also focus on clarifying attitudes and values, and developing self-esteem and the skills to manage relationships. At Oak Lodge we support children and young people in managing puberty and adolescence and prepare them for an adult life.'

Please do not hesitate to contact me if you require further information, a copy of the SRE Policy or to view the materials being used in the sessions.

Yours sincerely

Jo Wright

**Personal Development Subject Leader**